FOR THE FAMILIES

BEFORE GOING TO SCHOOL

- Do not take your child to school if they have symptoms compatible with COVID-19. Call your health centre or call 900 12 12 12 and follow their instructions.
- Nor should you take them to school if they are in home quarantine.

ESTABLISHED ACCESSES AND SCHEDULES

- Wear a mask to school. Its use is mandatory from 6 years of age.
- Respect the students' entry and exit times.
- Avoid stopping in transit areas and crowds.
- Remain in the school for the time that is absolutely necessary.
- Children will be dropped off and collected in the areas set up for it, except for extraordinary and justified cases.
- You will be able to carry out all school procedures online or by phone.
- If you need to go to school make an appointment, observing the safety distance and the flow paths of movement of people in corridors and common areas.
- Remind your child of the obligation to comply with the rules established by the school.
- **Stay informed** through the communication channels established by your school.
- Keep your phone details up to date at school.
- Make sure your children don't forget their mask, water bottle and Hands sanitizer. It is recommended that they are labelled with their name to avoid confusion.

TRANSPORTATION AND SCHOOL DINING

- At school you will be informed sabout the shifts and new dynamics of the school cafeteria.
- In school transportation, children must sit in the seat assigned on their school travel card.
- The use of the mask will be mandatory in collective school transport from 6 years of age and recommended from 3 years.
- When getting on the bus they must not forget to sanitize their hands.
- Entry and exit of vehicles will be done in line and keeping the distance.



Prevention, hygiene and health promotion measures

de Murcia

educarm

INFORMATION AND EMERGENCY LINE

L112

24 hour service. In case of

nossible coronavirus cases

900 12 12 12

Free consultation phone on coronavirus to answer

the requests and doubts of citizens emergency or

suspicion availablede from Monday to Friday

from 8:00h to 20:00h.

Región



- High temperatura (>37,2) Stomach ache
- Cough

- Chest pain
- Head ache

- reusable.
- Bringing a replacement mask is always recommended.
- The mask is not mandatory between 3 and 5 **years of age,** although it is recommended during entry and exit.
- The use of a mask will not be required ein students who have:
- **Respiratory illness or distress** that may be aggravated by its use.
- Situation of disability or dependency, which make its use unviable.
- Nor will it be enforceable in the case of individual sport exercise in the open air or sports hall.

PREVENTION, HYGIENE AND HEALTH PROMOTION MEASURES

COMPATIBLE SYMPTOMS WITH COVID-19

- General discomfort
- Sore throat
- respiratory distress
- Nasal congestion

- Muscle pain
- Vomiting
- Diarrhea
- Decreased sense of smell and taste
- Sharing chills

USE OF THE MASK IN SCHOOL

- Its use is mandatory throughout the school day from 6 years of age.
- The appropriate mask will be hygienic and, whenever possible,

FOR THE **STUDENTS**



BEFORE GOING TO SCHOOL

- You should not go to school if you have symptoms compatible with COVID-19 or you are in a home guarantine period.
- If you have health conditions that make you more vulnerable to COVID-19, you can go to school, as long as your clinical condition is controlled and allows it.
- If you use public transport, avoid crowds, wear a mask and keep a safe distance.
- Whenever possible, go to school using active **transport** (walking or cycling) as this, apart from its health benefits, allows keeping a safe distance.
- Read carefully the action protocol for students established by your school.
- Prepare everything you need for the lessons so that it is not necessary to use borrowed material or share objects with your classmates
- Don't forget to bring tyour bottle of water and vour own snack.

ON ARRIVAL AT SCHOOL

- Use the entrance and exit areas of the school, marked for this purpose.
- Keep a safe distance and avoid crowds.
- Read, respect and comply with the **instructions** on the posters on hand hygiene and prevention measures.
- Come equipped with a mask and bring a spare one.
- In common areas, try not to form crowds and keep the maximum capacity allowed.
- Avoid access to school facilities that do not need to be used.

INSIDE THE CLASSROOM

- Access the classroom in an orderly manner, keeping the safety distance.
- Maintain a safe distance in the classroom at all times, both with classmates and with the teacher.
- Do not share personal belongings or school supplies.
- If it is unavoidable to share any material, reinforce hygiene and prevention measures and wash your hands or use sanitizing gel.
- Disinfect shared instruments or items that have been used by the teacher or your classmates.
- If you have consecutive lessons, you should not leave the classroom between lessons.
- At the end of the class, you should clear your desk and your classroom chair, in order to facilitate cleaning and disinfection tasks.

- home.



DURING BREAKS AND ACCESS TO COMMON AREAS

- Try to socialize in small groups always keeping distance.
- Avoid forming crowds and try to take breaks in the designated areas.
- After the breaks you must re-enter the classroom complying with the prevention measures and keeping safe distances.
- Do not obstruct access corridors and passageways and respect the signs.
- Avoid touching other people's objects or surfaces in common areas..
- If you use school computers, after use, **clean the** keyboard, mouse and screen with a disinfectant solution.



LEAVING SCHOOL AND GOING HOME

 Before leaving school wash your hands with soap and water or hands sanitizer.

 Collaborate with the staff who organize the exit and prevent crowds from forming at the school gates.

 Remain at the school for the essential time for the lessons, having to leave once they finish.

• When you get home, it is advisable to wash your hands with soap and water, remove your shoes and replace them with footwear to be at

 You must respect distances and follow prevention and hygiene measures at home, especially if you live with people from vulnerable groups for COVID-19.

 Carefully monitor your health status and that of your closest relatives.